APPENDIX 1  Reference to CHAPTER 3

APPROVED CARTRIDGES, PROJECTILES and POWDER

All competitors should note the following:-
(a) For Target Rifle and F Class Standard, **ONLY** ammunition and projectiles acquired through the NRAA for State Association Distribution to its members shall be used in all competitions. (see Rule 3.4.1).
(b) As issued ammunition or approved projectiles issued for handloading may be modified by competitors by Metplatting and Pointing projectiles. This includes projectiles used for F Open Class.
(c) As issued ammunition or projectiles may be cleaned or lubricated as per Rule 3.4.9.

Target Rifle and F Standard Disciplines – Cartridges Allowed
(a) 7.62 x 51 mm NATO (also known as .308 Winchester).
(b) 5.56 x 45 mm NATO (also known as .223 Remington.)
(c) .303" British.

F Open Cartridges
Any cartridge is allowed. See the following reference to restrictions on projectiles.

Match Rifle
(a) 7.62 x 51 mm NATO (also known as .308 Winchester).

PROJECTILES ALLOWED

The following projectiles are at present approved for handloading for Target Rifle and F Class Standard Disciplines.

**.308 Calibre**
- ADI – FMJ Projectiles 144 grain
- Sierra MatchKing 2155 155 grain.
- Sierra Palma MatchKing 2156 155 grain.
- BJD - HBC .308 155 grain.
- Optimus HBC 155.5 grain
- Nosler HPBT .308 155 grain.
- Berger VLD Match Target 155 grain
- Berger Match Fullbore Target 155.5 grain
- Berger Match Hybrid Target 155 grain

**.223 Calibre**
- Sierra - MatchKing:- .224 69 grain.
- Sierra - MatchKing:- .224 80 grain.
- Hornady – Amax:- .224 80 grain.
- Nosler – HPBT:- .224 80 grain.
JLK VLD:- .224 80 grain.
Berger Match VLD Target:- .224 80 grain.
Berger Match Fullbore Target:- .224 80.5 grain.

**.303 Calibre**
Any projectile to maximum weight of 180 grains.

**For F Open Division – Projectiles Allowed**
Any weight or calibre of projectile provided it does not exceed 8 mm in diameter.

**For Match Rifle – Projectiles Allowed**
Any .308” calibre and any weight for the projectile.

**APPROVED POWDERS**
For 7.62mm (.308”) and .303” handloaded ammunition:-
ADI Sporting Powder:- AR2206, 2206H, 2208, 2209 and Benchmark 8208.

For 5.56mm (.223”) handloaded ammunition:-
ADI Sporting Powder:- BM2, AR2206, 2206H, 2208 and Benchmark 8208.

For F Open Handloaded Ammunition:-
Any Powder.