ARE YOU INTERESTED IN TRYING OUT A SPORT THAT:

- Is safe and non-violent
- Develops concentration skills to a high degree
- Improves strength, stamina and hand-eye coordination
- Develops fine motor skills
- Relies on mental power and higher order skills
- People of both genders and of all ages can compete against each other on equal terms
- Caters for a range of physical disabilities

FOR FURTHER INFORMATION, CONTACT YOUR LOCAL TARGET RIFLE CLUB:

Your local club: 

Contact details: 

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